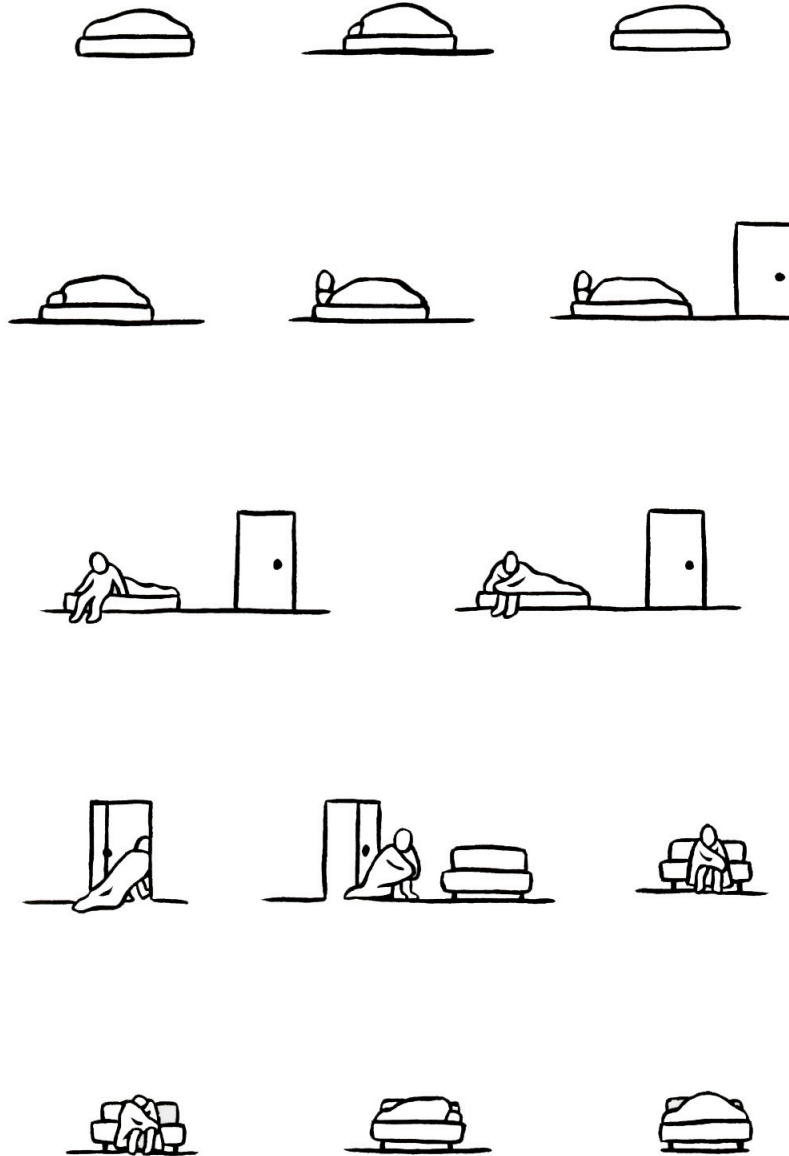


### Excerpt 1 (Marbles, p. 77)



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Excerpt 2 (Marbles, pp. 134–135)

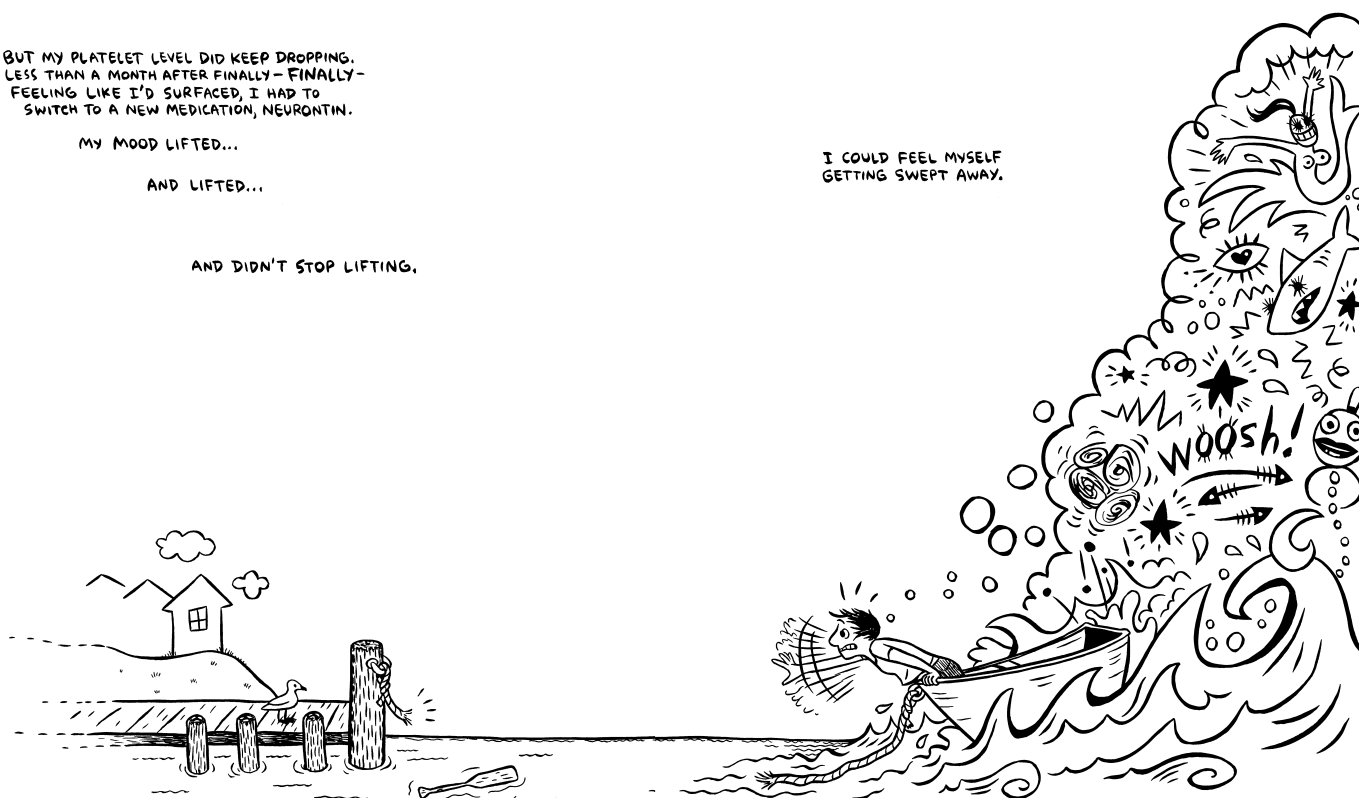
BUT MY PLATELET LEVEL DID KEEP DROPPING.  
LESS THAN A MONTH AFTER FINALLY – FINALLY –  
FEELING LIKE I'D SURFACED, I HAD TO  
SWITCH TO A NEW MEDICATION, NEURONTIN.

MY MOOD LIFTED...

AND LIFTED...

AND DIDN'T STOP LIFTING.

I COULD FEEL MYSELF  
GETTING SWEEPED AWAY.



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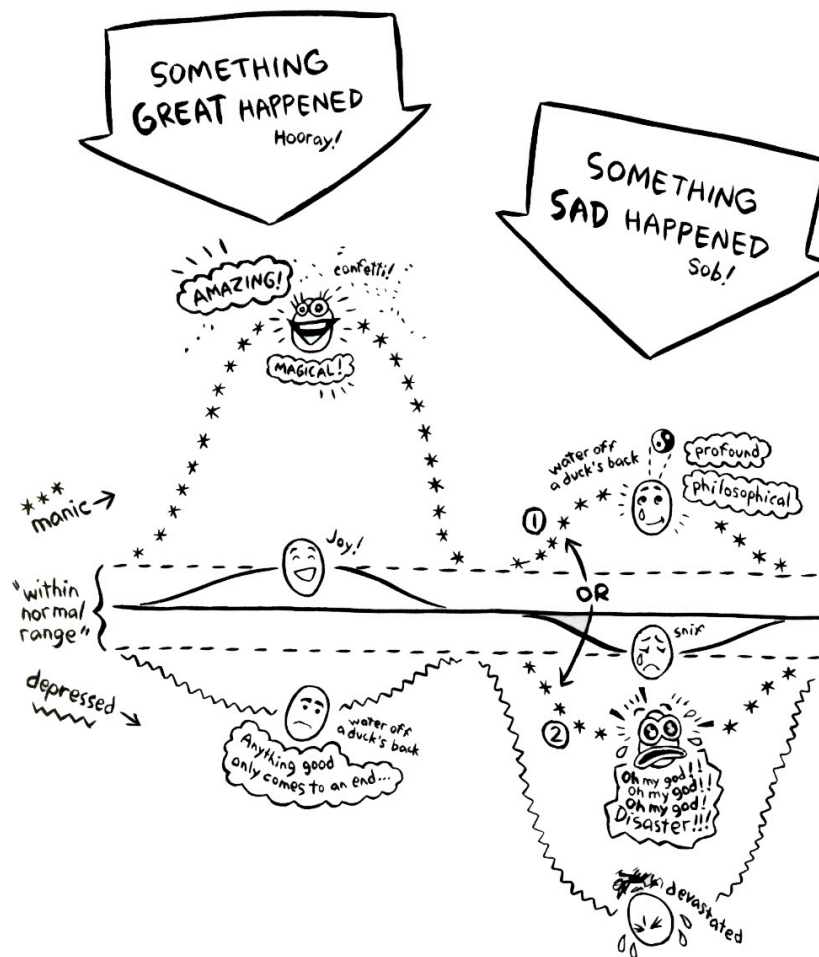
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## Excerpt 3 (Marbles, p. 153)

ONE FRUSTRATING THING ABOUT BIPOLAR DISORDER, & WHY IT CAN BE DIFFICULT TO TELL IF A FEELING IS "NORMAL" OR NOT, IS THAT EPISODES CAN OFTEN BE TRIGGERED BY VERY REAL STRESSES - FALLING IN LOVE, A DEATH IN THE FAM

## WHEN ARE EMOTIONS "OUT OF NORMAL RANGE"?

IT CAN BE HARD TO TELL FROM THE INSIDE.

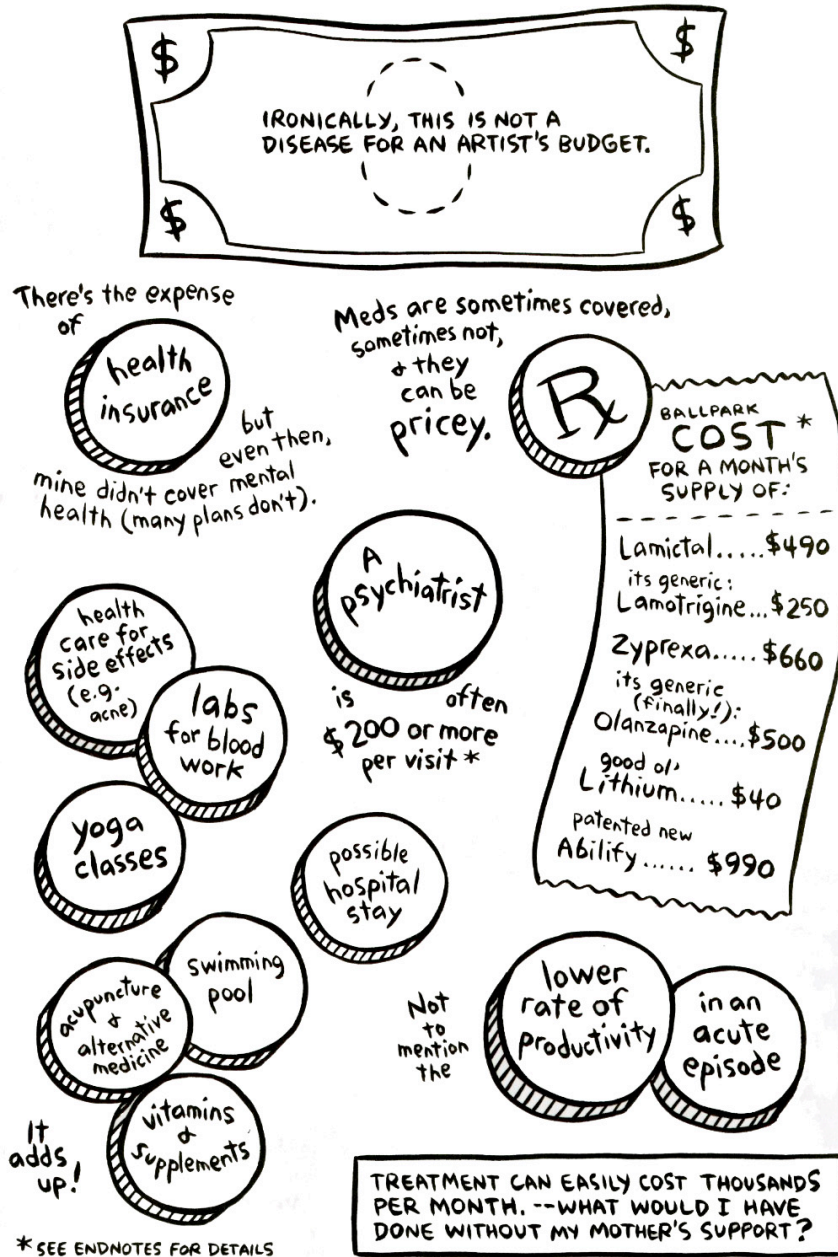


IT WAS SUCKY THAT I DIDN'T HAVE BOOKS AT SAN DIEGO, IT WAS A BIG DEAL TO ME - BUT INSTEAD OF BEING UPSETTING, IT WAS A CATASTROPHI

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Excerpt 4 (Marbles, p. 230)



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